

NOVEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Eggs, Cinnamon Toast, Milk
				Teriyaki Chicken, Vegetable Fried Rice, Eggroll, Milk
				Salami, Cheese, Crackers, Juice
4 Oatmeal, Banana, Milk	5 Ham and Cheese Frittata, Fruit, Milk	6 Gravy Biscuit, Milk	7 Sausage, Jelly Biscuit, Milk	8 Cheese Grits, Bacon, Milk
Shepherd's Pie, Salad, Roll, Milk	Chili, Cornbread, Fruit, Milk	Chicken Quesadilla, Rice, Beans, Milk	Chicken Noodle Soup, Grilled Cheese Sandwich, Fruit, Milk	Hamburger, Tater Tots, Fruit, Milk
Fruit, Bagel Bites	Hummus, Pretzels, Juice	Yogurt Parfait	Turkey Bites, Chips, Juice	Apples with Caramel
11 Cheese Grits, Sausage, Milk	12 Cereal, Banana, Milk	13 Apple Cinnamon Oatmeal, Milk	14 Jelly Biscuit, Bacon, Milk	15 Bagel, Cream Cheese, Fruit, Milk
Chicken Tenders, Macaroni and Cheese, Broccoli, Milk	Meatloaf, Mashed Potatoes, Peas and Carrots, milk	Pizza, Salad, Green Beans, Milk	Chicken Broccoli Rice Casserole, Roll, Fruit, Milk	Spaghetti, Corn, Salad, Milk
Veggies and Ranch, Fruit	Ham and Cheese Pinwheels, Juice	Cookies, Juice	Spinach Dip, Chips, Juice	Brownies
18 Eggs, Bacon, Milk	19 Sausage, Jelly Biscuit, Milk	20 Ham and Cheese Frittata, Fruit, Milk	21 Gravy Biscuit, Milk	22 Cereal and Banana, Milk
Chicken Noodle Soup, Grilled Cheese Sandwich, Fruit, Milk	BBQ, French Fries, Peas and Carrots, Milk	Tater Tot Casserole, Salad, Fruit, Milk	Vegetable Soup , Cornbread, Fruit, Milk	Turkey, Dressing, Gravy, Mashed Potatoes, Green Beans, Mixed Broccoli and Carrots, Cranberry Sauce, Roll, Pumpkin Cheese Cake, Milk, Water, and Juice
Turkey Bites, Chips, Juice	Apples and Caramel	Veggies and Ranch, Fruit	Salami, Cheese, Crackers, Juice	Fruit
25 Eggs, Cinnamon Toast, Milk	26 Apple Cinnamon Oatmeal, Milk	27 Cereal, Banana, Milk	28	29
Teriyaki chicken, Vegetable Fried Rice, Eggroll, Milk	Hamburger, Tater Tots, Fruit, Milk	Chicken Tenders, Macaroni and Cheese, Broccoli, Milk	Center Closed	Center Closed
Cookies, Juice	Brownies, Juice	Fruit		